



Thank you for being a supporter of Peninsula Healthcare Connection! Your generous support has helped supply countless medical services and resources to our clients, many of which are living unhoused. By helping our clients receive basic needs like health care and case management services, you are helping end homelessness through the access of healthcare.

This holiday season, will you continue your support of our unhoused neighbors?

Here's what your support will do:

Administer more vaccines. Both COVID-19 and adult immunizations, are available to keep our unhoused populations healthy and moving towards bigger wellness goals.

Community Engagement. Our Community Outreach Specialist builds relationships with unhoused residents to help identify their greatest needs. Together they can work towards residents' success gaining housing, employment and general well-being.

Mental Health Interventions. PHC offers intensive psychiatric services, including assessments, treatment planning, and medication management. The comprehensive model uses primary healthcare to help identify physical factors contributing to mental health issues in order to enhance patient's success in behavioral health treatment.

Keep Communities Healthy. We eliminate financial and social barriers to help our patients access healthcare services. All residents receive high quality healthcare to screen and treat preventable conditions for patients to achieve healthy lives.





Unfortunately, many PHC patients endure stigma and discrimination related to living unhoused and these stressors often affect the physical and mental health of our patients.

Jorge was recently discharged from a hospital in Santa Clara County with medicine for diabetes and high blood pressure. But, Jorge was also sent to a shelter service in the City of Gilroy. Jorge spends all of his time in Palo Alto and visits to the Opportunity Center every day. To do this, Jorge was taking the bus daily at 5:00am. Due to his early morning traveling, Jorge was not taking his medications. Additionally, the clinic staff discovered that Jorge did not know how to take his medication, including Insulin.

PHC staff found shelter for Jorge in Palo Alto. Staff at the PHC clinic provided health education around Jorge's medication and taught him how to take his medication, including safe use and handling of Insulin. Staff communicated with Jorge and the kitchen at the Opportunity Center so that Jorge could identify and reduce foods that would raise his Insulin. Jorge started to see his glucose levels reduce. Jorge still has a long way to go, but with the support, education, and healthcare PHC was able to provide, Jorge can live his life safer and more comfortably while he works towards becoming housed and employed.

Thank you for supporting patients like Jorge!

Warmest Wishes,

Dr. Sheikholeslami & Team



Please tear off and return the reply form below with your contribution in the enclosed envelope or visit www.peninsulahcc.org/donate. If you have already made your donation, Thank YOU!

YES! I SUPPORT A HEALTHY COMMUNITY!

- \$2500
 \$1000
 \$500
 \$250
 \$100
 \$50
 \$_____ Other
 Make this donation an automatic monthly gift.
 I prefer to make this gift anonymously
 Designate my donation to a specific community: _____

 Name on Card Signature

 Street Address City State Zip

 Phone Email

- Visa
 MC
 Amex
 Discover

 Card Number Security # Exp. Date

Save on postage by donating online at:
www.peninsulahcc.org/Donate

Please make checks payable to:
Peninsula Healthcare Connection, Inc.
 33 Encina Avenue, #103
 Palo Alto, CA 94301

Peninsula Healthcare Connection, Inc. is a 501(c)(3) nonprofit organization. All donations are tax-deductible in accordance with the law.

Tax ID #: 20-2886131